HAPPINESS IS 4-H

By Frank H. Sweet
Extension Agent

Over 175 Appomattox 4-H members, teen leaders, adult volunteers and extension agents will leave for a week at Holiday Lake 4-H Camp on Monday morning. Joining us at camp will be over 70 4-H'ers and leaders from Nottoway County. A fun filled week of special classes, activities, sports, and enjoyable programs awaits these 4-H'ers at camp. The 4-H'ers will arrive back in Appomattox at Appomattox Primary School Friday at about 2:30 p.m.

* * *

We have several State Fair of Virginia Catalogs in our office. If you'd like one, please stop by.

* * *

The Annual Piedmont Junior Market Hog Show and Sale will be held at the Farmville Livestock Market on Wednesday, August 8. Participating from Appomattox will be Glen and Dale Clowdis and Dean Jamerson. 4-H and FFA members from nearly a 10-county area will participate in the program.

* * *

As 4-H'ers begin planning for Five County Fair exhibits, don't forget the talent show on Saturday night. With the interest we have in Share-the-Fun, many of Appomattox's young people may be interested in the talent show at the Fair. Details will be in the new catalogs.

* * *

Steve Conner, son of Mr. and Mrs. T. E. (Sonny Conner) will represent Appomattox on this year's State 4-H Meats Judging Team. Steve participated in a four-day workshop last week at VPI & SU as the team began practice for their trip to Kansas City in November. Steve has been active in the 4-H meats program in Appomattox for the past four years.

* * *

It will soon be time to begin judging Wildlife Feed Patches. We'll begin in September in hopes of finishing the task by early October. Awards will be made later by the Pamplin Ruritan Club.

* * *

OAKVILLE

Mrs. W. Clarke Moore who is at Virginia Baptist Hospital, underwent surgery Monday and is doing nicely.

Mrs. Marshall Martin, Mr. and Mrs. Ray Page were visitors in the home of Mr. and Mrs. Keith Martin of Tye River Saturday night. The occasion was to celebrate Mrs. Martin's grandson Jason's birthday.

Mrs. Marshall Martin, Mr. and Mrs. James Martin were dinner guests in the home of Mr. and Mrs. Harold Martin, Lewis and Hunter Sunday.

Sunday dinner guests of Mr. and Mrs. Riley Megginson were Mr. and Mrs. Johnny Kress, Tommy and Vicki, Mr. and Mrs. Riley T. Megginson, Jr., Penny, Pam, and Paula.

Mr. Harold Martin is enjoying a few days at his residence this week. So good to have him home.

The N.Y.F. of Trinity U. M. Church sponsored a camp trip for their youth. Those attending from this vicinity last week in the age group from 9 - 12 were: Lee Drinkard, Mary Beth Drinkard and Jeff Drinkard. Those attending the camp this week from age group 12 and up were: Mark Drinkard, Scott Drinkard, Mike Monigold, Barbara Monigold. The camp Alta Mons is located at Shawsville, Virginia.

Mr. and Mrs. Robert Lucado attended a luncheon at Holiday Inn, which was given in honor of Mr. Wayne Swaltz who resigned as Bridge Engineer of Virginia Department of Highway, Friday, July 27th.

Mr. and Mrs. Hubbard Moore and Mr. and Mrs. Graydon Martin were host and hostesses of Sunday dinner. Those attending were: Mr. and Mrs. Gregg Martin, Mr. and Mrs. James Lucado, Mr. and Mrs. Calvin Martin, Chris and Steven, Mr. and Mrs. Clayton Martin, Mr. Warren Martin, Mr. Neil Cliff, Mr. and Mrs. Mason Bantam, Mr. and Mrs Victor Bantom. Victoria and April, Mr. Louis Moore, and Le Moore.

The greatest temperature range on earth was from -76°F to +113°F — a 189° spread — in Siberia.

VIRGINIA FFA SECRETARY MEETS PRESIDENT CARTER

Continued From Page 1

for sponsorship of more than 30 incentive awards and contests has been met so far this year through the Foundation Sponsoring Committee.

A number of informational and inspirational programs were held during the week with improvement of communication skills and cooperation as the goal.

On Friday a wreath - placing ceremony at the Tomb of the Unknown Soldiers at Arlington National Cemetery set a patriotic tone and the officers then visited many historical sites and museums around Washington, D.C.

During the week, the group also attended the inspirational "Torchlight Tattoo" program presented by the Old Guard of the Army at the Jefferson Memorial, George Washington's home, Mt. Vernon, and the National FFA Center, located nearby. They also met and talked informally with the staff of the National Center, and got to know more about all the programs available in the FFA.

The annual conference banquet on Friday night held at the Lazy Susan Dinner Theatre capped off the week where the group watched "The Sound of Music."

Is It Time To Get A Horse?

Q. Suppose you could spend up to $500 on some form of transportation to travel a yearly average of 12 miles a day. Which would be the best deal in miles per dollar—a well-worn horse, a nine-year-old car or a new middle-priced moped?

A. The moped would be the winner by far, costing less than 20% of auto travel and a mere 9% of what a horse would cost you per mile. The Moped Association of America compared the three and here's how it came out:

Fuel: The fuel-stingy two-wheel moped averages 135 miles per gallon of regular gasoline, for an annual consumption of just 33 gallons, saving 260 gallons of gas (which cost $236 at this writing) over the car. The horse eats about 200 bales of hay and 2,900 pounds of commercial feed in its stall, for a total of about $1,500. It also consumes about 2,600 gallons of water, compared with no water use for the air-cooled moped.

Tires: Both the moped and the used car finish the year on existing rubber. But the horse gets re-shod eight times at a cost of $160.

Maintenance: Moped, about $24 annually in costs plus 10 minutes per week, cleaning and waxing. Car maintenance is estimated at about $97 in costs plus 40 minutes average per week cleaning. Horse, about $100 in veterinarian bills plus more than four hours weekly grooming and stable cleaning.

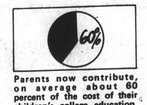
Speed: The car covers one course in 10 minutes. The moped averages 19 minutes. The horse takes an hour for the same distance.

Registration: The horse wins this handily, at zero cost. The moped costs an average of $6 a year, in states where moped registration is required, according to the Moped Association of America. By comparison, the car registration amounts to $45.

Other items: Insurance is difficult to calculate because in some states car insurance is mandatory, moped insurance voluntary and horse insurance virtually impossible to find!

Conclusion: Compared with a car, moped owners can easily support their thrifty two-wheel pedal vehicles on gasoline savings alone. Horse owners might be wise to trade in their horses for mopeds. Horsepower for horsepower, they'll be miles ahead! And, considering the fuel savings and the energy crisis, car owners might do well to consider a moped as a supplement to auto travel.

About half the families in America owe money on some form of installment loan.



Parents now contribute, on average about 60 percent of the cost of their children's college education, compared with about 40 percent two decades ago.

Fireplaces are for people who have money to burn.

Most of us have a warm place in our hearts for a good old fire in the fireplace. It can really make a room look romantic, warm and cozy. But the truth is, 95% of the heat goes up in smoke. And there's nothing romantic about shivering in a draft.

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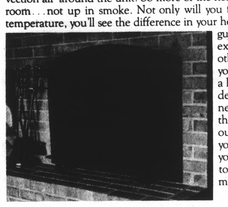
Our unique design allows heat to be extracted from the hottest part of the stove, the upper interior. And the side spacing provides natural convection all around the unit. So more of the heat naturally flows into the room...not up in smoke. Not only will you feel the difference in room temperature, you'll see the difference in your heating bill. In fact, we guarantee that the Virginian extracts more heat than any other radiant heater. See your Virginian dealer soon for a look at all three models designed to suit your heating needs. Whether you choose the fireplace insert or one of our free standing stoves, you'll get twice the heat for your dollar. And that's good to know. Unless you have money to burn.



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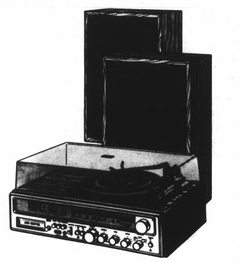

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Capitol Comments

By DAN DANIEL, Fifth District, Virginia

On Saturday of this week, accompanied by other members of the NATO Subcommittee, your Congressman will leave for a prolonged working session in Europe and the Meditrranean area.

The Subcommittee will arrive at Frankfurt, Germany, and with any luck at all, I will be able to find someone who wants a round of golf providing I can keep my eyes open after the overnight flight. This represents the only "free" time on the trip as we will commence our discussions with German officials Sunday evening.

We will reconvene at 8 a.m. on Monday, with an overview briefing, and a discussion of the military Master Priority List, and a joint Air Force and Army briefing on NATO air defense. We will then inspect Boerfink, the Command and Control bunker, and HAWK, CHAPARRAL and VULCAN air defense sites.

On Tuesday and Wednesday morning, we will be in Italy, where we will look at the operations of portions of the 6th Fleet, ahd assess deficiences of the Southern European Command.

We will then go to Turkey. This nation, which has been a staunch NATO partner from the beginning of the Alliance, has assumed a new importance, with the loss of intelligence-gathering posts in Iran.

Turkey has serious domestic problems. The economy is teetring precariously, and the military capability is deteriorating. Turkey is presenting using M-48 tanks. The easiest place to find one in this country is in a military museum. Their Air Force relies primarily on F-86's of Koarean War vintage and F-100's. Their most modern warships are FLETCHER-class destroyers, which we retired many years ago. Particularly needed are anti-tank TOW missiles. They are still depending on optics, rather than the HAWK, REDEYE, or VULCAN for air defense. This is particularly disturbing, since Turkey is the Southeast anchor of NATO defense.

Additionally, we will discuss prospects for use of the U-2, and consider potential sites for the gathering of intelligence, which we will need for verification purposes.

On Friday, we will go to Brussels, where we will have a briefing on the NATO Long Term Defense Plan. Defense decisions - and especially decisions which must accommodate the interests of more than one nation - cannot be made overnight. They must be subjected to deliberation, accommodation, compromise. Unfortunately, the process sometimes gets in the way of the objective, and it is necessary to periodically re-evaluate.

Each year, our committee examines the deficiencies in our armed forces, and the programs planned to correct those deficiencies. But there has been no formal assessment of the deficiencies of our allies, and no military country - by - country and weapon system - by weapon system that will tell us what our NATO partners are doing.

Our forces are doing a good job - a magnificant job, when you consider the constraints imposed by the inadequacies which they must accept. But they simply must have more and better tools. And our allies must do more.

Following the LTDP briefing, we will meet with General Bernard Rogers, who recently replaced General Haig as Spreme Commander of NATO. We anticipate we will give close attention to air defenses and command and control systems in the Central Region of Germany.

Our final meeting will be with the Defense Cooperaiton Sub-committee of the North Atlantic Assembly. These are our counterparts in the NATO countries of Western Europe, and discussion will center on standardization of equipment and weapons systems, as well as the prospects for closer collaboration and co-production of systems.

I will return to the Fifth District on August 14.

Social Security News

Q. I heard that social security benefits were increased recently. Can you tell me how much they went up and when I'll get the raise in my monthly check?

A. Social security benefits were increased by 9.9 percent effective June 1979. This reflects the rise in the cost-of-living over the past year. The increase will be included in the social security checks for June, which should be delivered about July 3rd.

Q. I've taken a job as a waitress in a neighborhood restaurant until I go back to school in the fall. Another waitress told me I'll have to pay social security taxes on my tips. Is that true?

A. Cash tips that add up to $20 or more in a month in your work for one employer count for social security. You are required to give your employer a written report of your tips if they add up to $20 or more in a month. For more information, ask for a copy of **Social Security and cash tips at any social security office.**

Q. I hired a gardener to do some landscaping and general gardening around my house this spring. I understand that I'm supposed to pay social security taxes on his wages and file a report with IRS. When should I do this?

A. If you pay a gardener or other household worker $50 or more in cash wages in a calendar quarter, you must deduct social security taxes from the wages and pay an equal amount as the employer. Send the taxes and a report of the wages to the Internal Revenue Service before the end of the month after the calendar quarter - before July 31 for the second quarter of 1979. The report, **Form 942 (Employer's Quarterly Tax Return for Household Employees(**, is available from local IRS offices.

Q. My wife died just a little over a month ago. A friend told me that my children and I can get social security survivors payments. Is he right? My wife only worked 4 years.

A. Survivors benefits can be made to a deceased worker's children and their mother or father even if the worker had as little as 1½ years of work under social security in the 3 years before death. Benefits can be paid to unmarried children who are under 18 (under 22 if full-time students) or who became disabled before 22 and remain disabled. You may be elibigle for checks, too, but the amount of your check could be affected by your earnings. You can apply at any social security office.

Q. My daughter told me that the premium for my Medicare medical insurance may go up this month. Has it?

A. Yes. The basic medical insurance premium increased from $8.20 to $8.70 a month for the 12-month period starting July 1, 1979. The increase is necessary because the medical insurance costs have risen as a result of higher charges for medical services. By law, however, the premium increase cannot be more than the percentage increase in social security cash benefits during the previous years.

Q. I didn't work long enough under social security to be entitled to Medicare hospital insurance, so I'm thinking of buying it. How much is the monthly hospital insurance premium now?

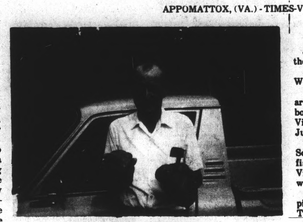
A. The basic hospital insurance premium is $69 a month (up from $63) for the 12-month period starting July 1, 1979. This premium represents the current cost of Medicare hospital insurance protection. Under the law, the hospital insurance premium cannot be changed more often than once a year.

Q. My husband had Medicare coverage because he has permanent kidney failure. He's been getting dialysis treatments on an outpatient basis from a dialysis facility. It would be much more convenient if he could dialyze at home. Does Medicare cover home dialysis?

A. Medicare medical insurance can help pay for home dialysis equipment and all supplies needed to perform home dialysis, such as alcohol wipes, sterile drapes, rubber gloves, forceps, scissors, and topical anesthetics. Medical insurance also covers periodic support services, furnished by an approved hospital or facility, which may be necessary to help you remain on home dialysis. For more information, read **Medicare coverage of kidney dialysis and kidney transplant services - A supplement to Your Medicare Handbook.** If you don't have a copy, you can get one at any social security office.

Q. Can any hospital or health facility participate in Medicare? Or, are there special requirements that have to be met?

A. All persons or organizations providing services to Medicare beneficiaries must meet all licensing requirements of State or local health authorities. The following also must meet additional Medicare requirements: hospitals, skilled nursing facilities, home health agencies, independent diagnostic labs and organizations providing X-ray services, organizations providing outpatient physical therapy and speech pathology services, ambulance firms, chiropractors, independent physical therapists, and facilities providing kidney dialysis or transplant services.



Prize Winning Potatoes

L. Fred Wooldridge holds three exceptionally large Red Bliss potatoes that were grown by his minister, Rev. Edmond "Butch" Terry, on the Wooldridge farm. The largest, on the left, weighed two pounds and three ounces; total weight of the three potatoes was five and one-half pounds. These potatoes came from one hill and there were still more smaller potatoes (about the size of an egg) in the hill.

Do you think it was the "preacher know-how" or the Wooldridge soil?

Percy Thompson celebrates his sixty-fourth birthday in his tobacco field. Thompson declares that this will be his last tobacco crop, but his friends say he'll never stop growing the crop. He will begin harvest this week.

A NUMBER OF JARS OF PRIZE WINNING HONEY are shown on display at the Annual Meeting of the Virginia State Beekeepers Association held in Appomattox on Saturday.

ROCKS

July 30 - July is about gone. the year is moving on very fast.

Jim Cobbs came home Wednesday much improved.

Mr. and Mrs. Ricky Baldwin are all smiles, it is a 7 lb. 9 oz. boy, Jeffrey Wayne, borne at Virginia Baptist Hospital on July 24th.

The Lewis Dickerson Sunday School Class went on a big fishing trip to Reidsville, Virginia on Thursday. They had wonderful luck.

The Senior Citizens had their picnic down at Old Rocks on Thursday.

Mrs. Irma Payne entered Southside Hospital in Farmville on Wednesday afternoon late.

Mr. and Mrs. Hudson Dickerson of Brookneal spent Thursday with Mrs. Flora Dickerson.

Mr. and Mrs. Ewing, Joiner of Herndon, Ky. who are here in Virginia called to see Cassie Baldwin on Tuesday afternoon.

Sympathy is extended the Draper family in Pattstown, Pa., Philgreen family of Stone Mountain, Ga. and Deutach family of Atlanta, Georgia who lost their sons here in the shoot out at Evergreen last Monday morning and get well wishes to the Hardy family son who is in Lynchburg General Hospital from the shoot out accident.

Mr. and Mrs. Larry Williams and Steve of Waynesboro were visiting her parents Mr. and Mrs. R. E. Roach Sunday and had dinner.

The Member Appreciation Day was a great success here Sunday. It was a day to say thanks to each member of Rocks Church was glad to have visitors present and to Robin Miller in her decision.

Baptismal Service will be at Old Rocks August 5 at 2:30 p.m. The charge to the candidates and the extension of the right hand of fellowship will be at the Sunday night service here at the church.

World Day Hunger on August 5 will be observed. Will you stop this hunger by giving.

A Mission Bible School is in progress at Hixburg this week.

A number will participate in this.

The Rocks Homemakers Picnic will be held with Mr. and Mrs. Lloyd Richardson on August 4 at 6:30 p.m.

Mrs. Olivia Langran of Florida is at her home here for a visit.

Mrs. Ricky Baldwin and infant Jeffrey Wayne returned home Friday from the hospital.

Rev. A. M. Taylor will be at Bluefield College a few days at a Pastors school this week.

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